Join Us in Supporting Aditi's Journey to Recovery

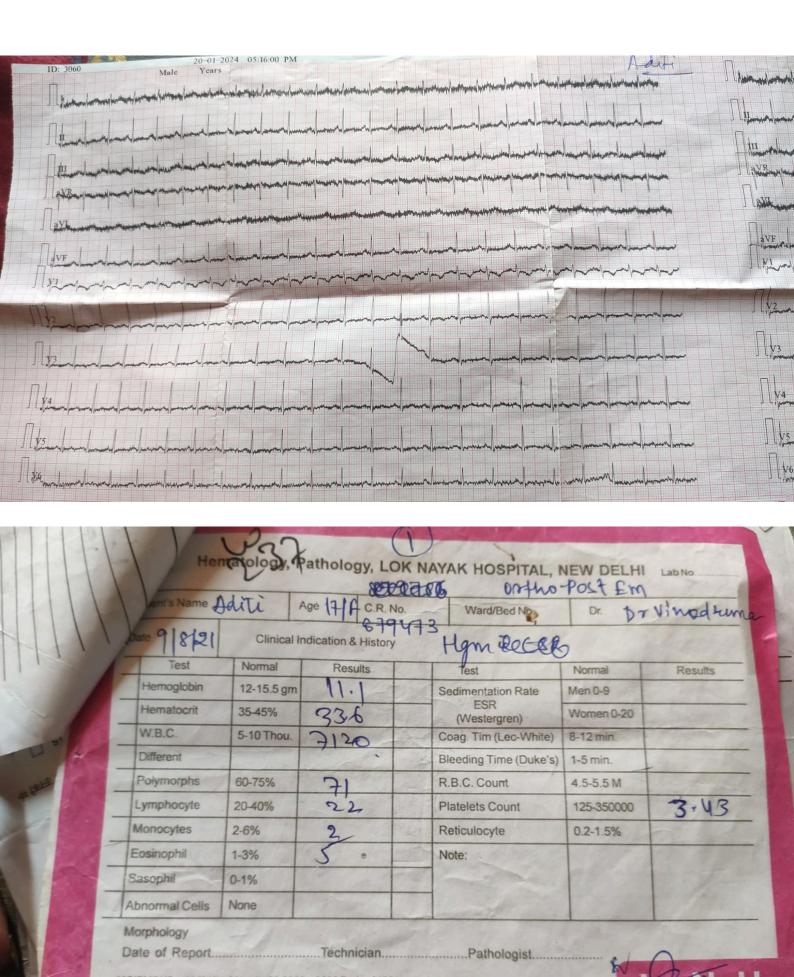


Aditi Sharma, a courageous young girl, faced a life-altering accident two years ago that resulted in extensive surgery. Unfortunately, she is still unable to stand on her feet independently, and the ongoing medical expenses have become a significant burden for her family, who come from a poor background

In this critical time, The Right Place for You Foundation has stepped forward to assist Aditi in her journey towards healing. We have provided her vital medical assistance but due to lack of funds we need your support.

We are asking for your generous donations, which can make a world of difference in her journey towards recovery. Every contribution, no matter how small, will go directly towards covering her medical expenses and ensuring that she receive the care she desperately need.

Together, we can make a positive impact and help her to regain her health and independence. Thank you from the bottom of our heart for considering our plea and for your compassion.





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Lok Nayak Hospital, Department of Orthopaedics Spine Discharge Summary

Unit: I (Dr Vinod Kumar/ Dr Tarun Suri/ Dr Pritish Singh)

Name of Patient: Aditi Sharma	Age: 17 Sex: Female	CR No.: 879473 MLC Status: MLC	
Telephone No: 9711519861	Address: H.no. 4/2783 g no. 2 bihari colony shahdra new delhi india		
Date of Admission: 17/07/2021	Date of Surgery: 29/08/2021	Date of Discharge: 13/08/2021	

Diagnosis: Unstable Burst fracture of D12 with B/L Calcaneal fracture with right sacral ala fracture with right inferior pubic rami fracture

Chief Complaints:

Alleged history of fall from height on 16/7/21 following which patient developed pain in lower back and weakness urinary incontinence H/o in bilateral lower limbs.

Examination:

Bilateral neel - Swelling, Deformity, No Tenderness Pulses palpable and bilateral comparable

Back - No deformity, Tenderness present over D12

Neurological Examination Motor power 0/5 in both lower limbs Plantars - B/L Absent Knee and ankle jerks - B/L Absent 80%sensory loss in L1 and L2 and 100% below L2. Bowel bladder involved, Catheterised. BCR absent

Imaging and Investigations:

AP/Lat, NCCT DL Spine - S/o D12 Unstable Spine -Xrays DL Burst Xray Pelvis with B/L hips AP - S/o # Sacral ala Rt with Right superior and inferior pubic rami # AP/LAT Bilateral foot s/o Bilateral calcaneum

Relevant Score: ASIA B



Condition during stay:

Patient was admitted in LNH where supportive treatment was given, stabilised. Spine trauma protocols followed, including immobilisation, appropriate imaging. Preoperative workup including PAC was done and the patient planned for surgery. Hb was built up by preoperative blood transfusions. Informed Consent for surgery was taken, with detailed explanation of treatment options, nature of injury and surgery, risks and complications, in patient's local language

OT Notes:

Procedure: Pedicle screw fixation (T10 - L2), posterolateral decompression, posterior spinal fusion done under GA in prone position done in LNH OT-2 on 29/07/21.

Level: D10 to L2

Date of Surgery: 29/7/2021

Surgical Team: Dr Tarun Suri, Dr Nirup, Dr. Shashank

Anaesthetist - Dr Latika Nurse - S/N Chanchal

OT Steps: Under general anaesthesia, Prone position. Appropriate level was marked under C-arm. Posterior midline approach. Pedicle screw fixation done from D10 to L2 on both sides. Posterolateral decompression at D11 level attempted from the left side, but significant bleeding was encountered. Hemostasis achieved with Floseal(gelatin matrix) Contoured rods captured on both sides. Posterior fusion added using local bone as graft. Wound closed in layers over drain. ASD done.

Implant - Technomed spine (Titanium). 8 pedicle screws with 2 connecting rods. Patient tolerated procedure well, shifted to postoperative ward for observation

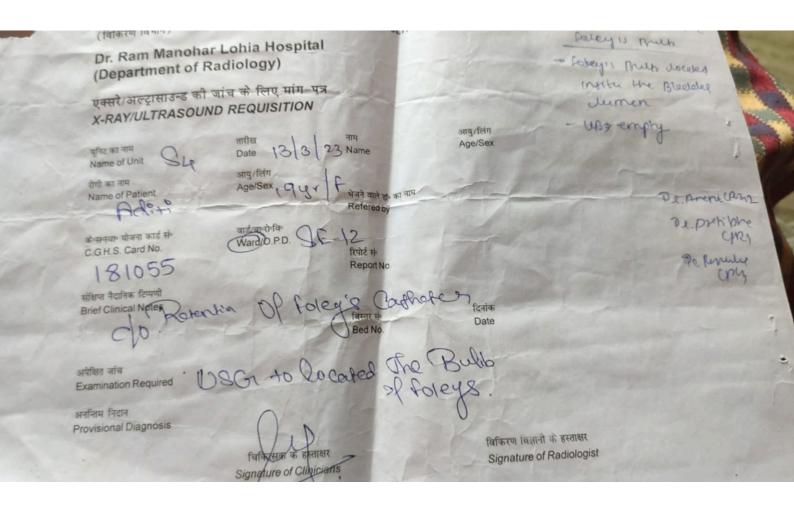
Postoperative Period and Condition on discharge:

satisfactory. preop. Postop xray as neurology same Postoperative B/L Calcaneum # was managed conservatively using creppe bandage application and limb elevation.At the time of discharge, patient is stable, symptomatically better and comfortable. Sutures removed, wound healed well. Chest, limb physiotherapy started. Patient made to gradually sit up with Taylor Brace in situ. Wheel chair mobilisation started. Foley's catheter clamping advised to continue. Patient started having bladder sensations on clamping.

Discharge treatment and Instructions:

- 1. Wheel chair Mobilisation and sitting with brace as advised.
- Chest / Limb Physiotherapy.
- Back care as advised.
- 4. Periodic side turning.
- 5. Tab Paracetamol 650 mg three times daily X 5 days followed by S.O.S (severe pain only)
- Syp Lactulose 4tsp QID with half glass warm water
- 7. Tab Calcium/Vitamin D3, one tablet, twice daily, to continue.
- 8. Tab Nitrofurantoin 100mg once daily X 4 weeks.





PATIENT: Mrs.143 ADITI 879473

PHYSICIAN:

ID: 207876 ADDRESS: ^^^^De

ID: ADDRESS:

BIRTH DATE:

COMMENTS:

AGE:

SEX: F ROOM: ORTHO EM

SAMPLE ID: 207876

PRIORITY: **ROUTINE**

COLLECTED ON: 9/8/2021 12:41:59

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End of Report

PAGE

PRINT DATE/TIME: 9/8/2021 14:10:19



राष्ट्रीय राजधानी क्षेत्र, दिल्ली सरकार Govt. of National Capital Territory of Delhi

गुरु तेग बहादुर अस्पताल

GURU TEG BAHADUR HOSPITAL, DILSHAD GARDEN, DELHI-110095

आपातकालीन पंजीकरण कार्ड IPD No. UHID No. 85185..... Date / Time 20/01/2024 03:54AM MLC No. Emergency Regn. No. GTBE-18331 तिथि व समय 20-01-2024 आपातकालीन पंजीकरण सं0 Age Religion (धर्म) ADITI Name/ नाम Sex आयु FEMALE Deptt. Father/Husband Name लिंग पिता व पति का नाम

Address

Contact no

RMA

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LOK NAYAK HOSPITAL, NEW DELHI

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जवाहर लाल नहरू मार्ग, नई दिल्ली-110 002

LOK NAYAK HOSPITAL Jawahar Lai Nehru Marg, New Delhi-110 002

PATIENT CASE RECORD SHEET

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SCAN & DONATE

BRANCH NAME - KRISHNA NAGAR, NEW DELHI

